

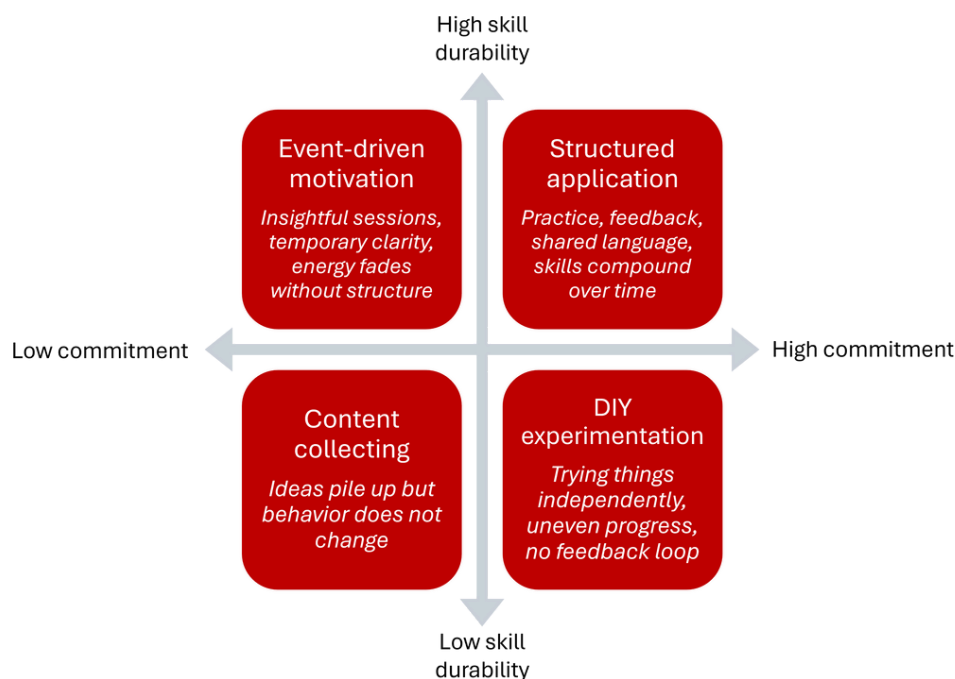
HOW TO USE MY FREE CONTENT (AND WHEN IT'S NOT ENOUGH)

What this resource is for

- Orientation
- Pattern exposure
- Seeing examples in context

What this resource is not for

- Solving a specific work problem
- Step-by-step implementation
- Ongoing feedback



If you're here repeatedly and still stuck

- That's a signal, not a failure
- It usually means you need structure, not more content

Where to go next

- [Learn about how I work with clients](#)
- [Learn about my courses for individuals](#)
- [Learn about my training for teams](#)